

Ashley Gamez

Mrs. Coldren

Computer Apps

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### *Reflection 1*

Going into quarter number three, I had set new goals for myself to improve in an academic and spiritual manner. At first, I felt weary from completing the first semester, I felt down most of the time and I didn't feel like I could push through. I tried to come up with different ways to get out of the funk that I was in. It began to reflect on my attitude. I no longer enjoyed certain activities. Instead a heavy cloud hung over me. That is until I started reading a novel called "Captivating" by John and Stasi Eldredge.

Reading the book led me a different direction; it helped me figure out why I was feeling pessimistic about everything. Within the book, it provides insightful bible texts that spoke to me. Little by little, it became more clear to me. All those days I spent procrastinating was not at all productive and I understood that after awhile. Even my performance at school improved, my attitude improved, and most importantly my relationship with Jesus improved. Relying on Him more than myself continuously gives me the motivation and the strength to keep pushing forward.

Having that in mind, I came up with a method to help me list off certain tasks that I wanted to complete in a day's work. In fact, in my Environmental class, I wrote down reasonable

goals for a huge project that my classmates and I were and are still working on. I hope to take that recently acquired ambition and bring it with me into the last quarter of the school year.